



**Lymphedema Evaluation**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. For how long have you had lymphedema? \_\_\_\_\_
2. Have you ever had any lymphedema infection? \_\_\_\_\_
3. Do you ever leak fluid? \_\_\_\_\_
4. Do you take prophylactic antibiotics? \_\_\_\_\_
5. Do you take diuretics for lymphedema? \_\_\_\_\_
6. Do you take benzopyrones for lymphedema? \_\_\_\_\_
7. Do you take any other drugs for lymphedema? \_\_\_\_\_
8. Does anyone in your family have lymphedema? \_\_\_\_\_
9. Which extremity has lymphedema?  
(check all that apply)
 

Left Arm _____	Right Arm _____
Left Leg _____	Right Leg _____
10. Have you had prior treatment for lymphedema?  
(check all that apply)
 

Surgery _____	Compression Garment _____
Antibiotics _____	Pneumatic Pump _____
Manual Lymph Drainage _____	
11. What medications are you currently taking? \_\_\_\_\_

12. Do you currently have or have you previously had any of the diseases listed below?

Yes	No	Disease	If yes, when diagnosed
<input type="checkbox"/>	<input type="checkbox"/>	Bronchial Asthma	_____
<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	_____
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	_____
<input type="checkbox"/>	<input type="checkbox"/>	Cardiac Problems	_____
<input type="checkbox"/>	<input type="checkbox"/>	Kidney Problems	_____
<input type="checkbox"/>	<input type="checkbox"/>	Circulatory Problems	_____
<input type="checkbox"/>	<input type="checkbox"/>	Lung Disease	_____
<input type="checkbox"/>	<input type="checkbox"/>	Stomach Disorders (Ulcer, hernia, etc.)	_____
<input type="checkbox"/>	<input type="checkbox"/>	Liver Disorder (Hepatitis, etc.)	_____
<input type="checkbox"/>	<input type="checkbox"/>	HIV Positive	_____
<input type="checkbox"/>	<input type="checkbox"/>	Glands (Thyroid, etc.)	_____
<input type="checkbox"/>	<input type="checkbox"/>	Skin Disease	_____
<input type="checkbox"/>	<input type="checkbox"/>	Cancer	_____
<input type="checkbox"/>	<input type="checkbox"/>	Fainting Spells	_____
<input type="checkbox"/>	<input type="checkbox"/>	Vision Problems (not glasses)	_____
<input type="checkbox"/>	<input type="checkbox"/>	Hearing Problems	_____
<input type="checkbox"/>	<input type="checkbox"/>	Other	_____

13. Have you ever had radiation therapy? \_\_\_\_\_

14. Have you ever received chemotherapy? \_\_\_\_\_

15. What operation(s) have you had? \_\_\_\_\_

16. What are your goals for treatment? \_\_\_\_\_

17. In the past have you had any serious injuries?       Yes     No    If yes, please list and give dates

\_\_\_\_\_  
\_\_\_\_\_

18. Please describe below any vehicle accidents or personal injuries in which you have been involved.

AGE (OR APPROXIMATE YEAR)

0-10 \_\_\_\_\_

11-20 \_\_\_\_\_

21-30 \_\_\_\_\_

31-40 \_\_\_\_\_

41-50 \_\_\_\_\_

51-60 \_\_\_\_\_

61 & over \_\_\_\_\_

19. Have you taken cortisone (steroids) by pill within the last 5 years?       Yes     No

20. Do you smoke?              Yes          No              If yes, how much? \_\_\_\_\_

21. If you are female, is there any possibility you are pregnant?     Yes     No

22. Which physician referred you to our facility?

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Yes    No

23. Can we write or discuss your lymphedema problem with this physician?      \_\_\_      \_\_\_

24. If you are treated at this office, you will then be asked to follow a maintenance program at home. This consists of:

- a) Elastic sleeves or stocking worn during the day.
- b) Bandaging of limb overnight.
- c) Meticulous skin care to avoid infections
- d) Remedial exercises to accelerate lymph flow.

Are you prepared to follow such a program? \_\_\_\_\_

**Lymphedema~ Health Questionnaire**

**Please mark all areas that are involved in your medical history.** These will be discussed with your therapist and are very important in determining the safety or modification of your lymphedema treatment.

- Infection
- Cardiac Edema
- Congestive Heart Failure
- Bronchitis
- Deep Vein Thrombosis (Clot)
- Active Cancer
- Asthma
  
- Cardiac Arrhythmia (Irregular Rhythm)
- Cartoid- Sinus-Syndrome
- Hyperthyroidism
- Stroke/TIA's
  
- Pregnancy
- Painful Periods
- Abdominal/Intestinal Problems
- Abdominal Aortic Aneurysm
- Recent Abdominal Surgery (Past 1 year)
- Radiation Treatment
- Unexplained Abdominal Pain
  
- Arterial Diseases
- Reflex Sympathetic Dystrophy (RSD)
- Spasticity
- Uncontrolled High Blood Pressure
- Coronary Artery Sclerosis
- Paralysis

**Other Medical History**

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**Medications**

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